



*Chart organized by most suggested to least suggested crops for square foot gardening

Plant	Final Plants Per Square	Put this many seeds in the ground (then thin to the “final plants per square” number)	Limitations/Notes
Radish	9 to 16	16	
Micro Greens	~50 to 100	~50 to 100	Seed heavily, do not thin
Greens Mix	~16 to 32	~16 to 32	Do not thin
Kale	1 to 4	9	
Swiss Chard	4	4	
Collards	1 to 4	6 - 9	
Mustard	4 to 9	9	
Bok Choy	4	8	
Tatsoi	4 - 8	8	
Arugula	4 to 9	9	
Lettuce	4	9 to 12	
Spinach	9	9	
Beans	4 to 8	8	In one row along trellis
Peas	4 to 8	8	In one row along trellis
Sorrel	9	9 - 12	
Beets	9	9	
Turnips	4 - 9	9	
Kohlrabi	4	8	
Tomato	1	1	Must be transplanted
Oregano	1	1	Must be transplanted
Basil	1	1	Must be transplanted
Parsley	1	1	Must be transplanted
Claytonia	9	9	
Cress	9 - 12	12	
Scallions	16	16	Must be transplanted
Onion	9	9	Plant sets or transplant
Dill	4	4	Must be transplanted
Sage	1	1	Must be transplanted
Thyme	1 - 2	1	Must be transplanted
Leeks	9	9	Must be transplanted
Garlic	9 - 12	12	Must be planted in the fall
Pepper	1	1	Must be transplanted
Zucchini	1 per 2 squares	1	Large! Counts as 2-4 squares
Summer Squash	1 per 2 squares	2	Large! Counts as 2-4 squares
Cucumbers	1	2 - 3	Space efficient on trellis
Carrot	16	30 to 40	Seed heavily, then thin
Fennel	4	4	Must be transplanted
Flowers	4	4	Zinnias, Cosmos, Marigolds
Cilantro	9	9	



Plant	Final Plants Per Square	Put this many seeds in the ground (then thin to the “final plants per square” number)	Limitations/Notes
Parsnips	4 to 9	9 to 16	Slow to germinate, keep moist
Mache	16	16	
Eggplant	1	1	Must be transplanted
Winter Squash	1 per 2 squares	2	Large! Counts as 2-4 squares
Cabbage	1	1	Must be transplanted
Broccoli	1	1	Must be transplanted
Celery	1 to 4	1 to 4	Must be transplanted
Chive	One bunch	16 to 32 (one bunch)	Must be transplanted
Okra	1	2	
Rosemary	1	1	Must be transplanted
Cauliflower	1	1	Must be transplanted
Pumpkin	1 per 2 squares	2	Large! Counts as 2-4 squares
Cantaloupe	1 per 2 squares	2	Large! Counts as 2-4 squares
Watermelon	1 per 2 squares	2	Large! Counts as 2-4 squares
Brussels Sprouts	1	1	Must be transplanted
Corn	2	2	
Potato	1 per 2 squares	1 to 2	Large! Counts as 2 squares
Mint	1	1	Must be transplanted
Asparagus	1	1	Must transplant “crown”