



Winter Growing - Suggested Varieties

Vegetables with an “” are the best crops for winter growing. Not all of these vegetables are sure to survive and grow well through the winter. Spinach and mache are known to be the best at over-winter growing. The first variety listed after each crop is our suggested variety for that crop. Please let us know if you’ve had good success with any other crops or varieties.*

***Arugula:** Astro, Sylvetta, Surrey

***Asian Greens:** Tatsoi, Mizuna, Komatsuna, Tokyo Bekana, Tenderlead,

***Bok Choy:** Mei Quing (or Mi Qing), Joi Choi, Black Summer

***Beets (for greens):** Bull’s Blood, Red Ace, Merlin

Broccoli: Arcadia, Marathon, Santee

***Carrots:** Mokum, Nelson, Napoli

***Chard:** Fordhook Giant, Bright Lights

***Claytonia**

***Collards:** Champion

Chinese Cabbage: Rubicon

***Garlic:** Any variety

***Kale:** Tuscano, White or Red Russian, Winterbor, Redbor

***Leeks:** Bandit, Lancelot, Lexton

***Lettuce:** Winter Density, Winter Marvel, Tango, Rouge d’hiver, Rex, Red Saladbowl, Parris Island, Majestic Red, Red Oak Leaf, Jamai, Bambi, Buttercrunch, Lingua di Canarino

***Mache:** Vit, Verte de Cambrai

Mustard: Tokyo Beau, Giant Red

Onion: Bridger, Walla Walla, Egyptian Walking Onions

Parsnips: Javelin

***Radishes:** Daikon, Nero Tondo, Watermelon, Shunkyo

***Scallions:** White Spear, Evergreen Hardy White

***Sorrel**

***Spinach:** Tyee

Turnip: Hakurei, Tokyo cross, Scarlet Queen Salad Turnips

***Watercress**

Perennial Herbs: Sage, Thyme, Oregano, Mint